

Brenda's menu of prepared topics include:

Boost Your Child's School Success - Insider tips to help your child thrive in school. Handouts, stories, and discussion add to the valuable insights. This topic is usually requested for PTA and PTO meetings in the beginning of the school year but Brenda is happy to share it anytime at family conferences or retreats, too.

Raising Confident, Successful Kids - Whatever the age from tots to teens, parents and teachers can avoid 3 defeating mistakes in building resilient kids. Brenda shares the N A I L S needed to build kids who can confidently face the future and reach their full potential. "*What a powerful set of ideas,*" replied one meeting planner after hearing this topic. This motivating presentation is an excellent luncheon, workshop, or keynote address for audiences with all aged children. It can also be adapted as a teacher/staff training on helping students succeed.

Understand Your Child's Temperament - Do you know why some people resist making changes while others welcome it; why are some kids are so energetic they're often mislabeled ADD, or why some get irritated with tight fitting clothes? You will after hearing this terrific presentation to parents of all age kids! Audiences are amazed when they take a self-test to discover why their kids act the way they do. In this presentation Brenda shares fascinating research (Chess and Thomas) about the 9 inborn temperaments and how each temperament contributes toward personality. This topic can forever improve parent/child relationships and make working with some kids easier.

Creative Discipline - No discipline method works with all children or all the time. Whether audiences have tots or teens, Brenda eases homefront battles, helps parents gain confidence, and resolves common behavior problems as she reveals:

- The Goal of Discipline
- Golden Rule about Child Behavior
- Eight ways to Get Kids to Mind without Screaming
- Most Effective Use of Time-Out
- How to Extinguish Temper Tantrums
- Ways to Create a Positive Climate

Brenda shares Creative Discipline around the country to parents as well as educators. This timeless topic is always an audience favorite. If you're a program planner looking for a magnetic topic that guarantees discussion, then "Creative Discipline" is the one. Brenda can tailor this presentation from 1 to 3 hours to meet your schedule needs.

Also available on a one-hour audio CD. Email Brenda to order your copy.

Early Childhood topics:

3 Secrets to Toilet Teaching Success - This hot topic attracts toddler & preschool parents as well as early childhood educators and childcare providers (also available on audiotape). Everyone attains toilet teaching success with Brenda's practical guidance, insight, and humor. Her handy checklist to know when a child is ready to begin this milestone is a valuable tool. Brenda also reveals the one question to never ask kids and gives time for audience questions. "You can talk for an hour about potty training?" many people ask Brenda. Yes! In fact, this presentation can be tailored to 2 hour format for a teacher in-service.

The Miracle of the Mind - Brain research is translated into "down home" caregiving practices. Brenda is "a parent talking to parents about all this heavy duty research. . ." (educator, Penn Valley Community College). Some fun facts from this interactive presentation on understanding and nurturing brain development include: The Brain records over 85 million bits of information every day & The Brain operates on a "use it or lose it" principle. Audiences discover simple, yet profound, ways of making a lifetime difference in kids.

Is That Normal? - When should they sit up, crawl, teeth, roll over, walk, toilet train, sleep all night? Answers to these questions and more will relieve doubt and improve knowledge of normal development birth to 3 years. Unique handouts are given to each audience member plus Brenda can tailor this from 1 to 3 hours for you to use as a teacher Inservice. Grandparents, parents and teachers are attracted to this topic.

Ages & Stages 3-5 years - Stuttering, nightmares, lying, and wetting the bed, are these typical? Everyone improves their skills of living/working with preschoolers after hearing this fast-paced refresher of preschool development. In her affirming way, Brenda reveals common issues of 3, 4 and 5 year olds while applying practical suggestions and answering audience questions.

Is My Child Ready for Kindergarten? - Exactly what parents need to effectively and confidently answer this question! This topic is a real magnet to educators as well. Preschool Directors often schedule this topic early in the year to give parents a head start on determining their plans in the fall. Regardless of the school district, Brenda reveals universal information that parents need to know about today's kindergartens and even when it is not appropriate to send a child.

For Parents of Teens:

It's a Brain Thing! - While 95% of the human brain has developed by the age of six, scientists say the greatest growth spurts then occur around adolescence! When studied through magnetic resonance imaging (MRI) scientists see that adolescent brains work differently than adults. Find out how much of a teen's behavior is due to brain maturation -- or a lack of it. This research-based presentation promises to be full of laughter, insight and practical help in living with teens!

Just for Moms:

Women are Winners - If you're looking for a quick, affirming talk to moms of all ages and seasons, this is it! Brenda delivers encouragement in her refreshing look at the Proverbs 31 woman. For a ladies lunch, Mother's Day program, or special event, "Women are Winners" is a guaranteed hit. After all, even Dr. Benjamin Spock confessed, "I really learned it all from mothers."

Mommy Confidence - Most moms wrap their identity around how well they're raising the kids. But when the kids act up or make mistakes or other moms question them, self-doubt creeps in. With warmth, wit, and wisdom, Brenda encourages moms and shares tips to boost confidence about their mothering skills.

Don't see what you want? Ask Brenda. She'll design a topic to meet your program theme or audience needs.